Double Take Cowl

By Bethany A Dailey

This lovely, two-layered neck wrap doubles as a colorful accessory for those spring days that are just cool enough to want additional warmth. The two complimentary stitch patterns provide that extra style longed for to help cure those winter time blahs. ☺

KNITTING LOOM: Zippy Loom, 9 pegs used.

YARN: Approximately 69 yards of worsted weight yarn. Sample used Isaac Mizrahi CRAFT Lexington Yarn (1 skein in Gramercy Park, 69 yds/63 m, 85% acrylic, 15% wool.

NOTIONS: knitting tool, tapestry needle.

GAUGE: Average of 3/4 sts x 2.5 rows= 1 inch (in pattern, using U-Stitch).

SKILLS NEEDED: Knit/U-stitch, Purl, Half Hitch CO (or CO of your choice), and Basic BO.

ABBREVIATIONS

CO: cast on

Rep: repeat

K: knit stitch/U-stitch

P: purl stitch

KO: knit off

St(s): stitches

HHCO: half hitch cast on

S1: slip one/skip one

BO: bind off

Pattern Notes:

This pattern uses 1 strand of yarn held throughout.

For the sample, all knit stitches were made using the U-stitch.

Half Hitch CO tutorial

Note: Find the color in the skein that is preferred for the small band that is secured around the two completed cowl sections. Pull this out of the skein first before knitting to make sure to have it reserved at the end. Sample used the solid burgundy color, and there was just exactly enough of a single color run to work the band. Use any odd length of yarn during the knitting of the main cowl.

INSTRUCTIONS

Choose your band color and set aside (see Pattern Notes).
Set Zippy loom to work a flat panel with 9 pegs. CO to 5 pegs, centering them on the loom.

Rows 1-124: Rep the following 2 row pattern:
Row A: *k1, p1, rep from * to last st, k1.
Row B: *P1, k1, rep from * to last st, p1.

Row 125: HHCO onto the peg before peg 1. Work Row A of previous pattern. HHCO onto the peg after peg 5. There will now be 7 pegs filled.
Rows 126-128: Rep following 2 row pattern:
Row C: S1, k1, p3, k2.

Row D: S1, *k1, p1, rep from * to last 2 sts, k2.

Row 129: HHCO onto the peg before peg 1. Work Row D of previous pattern. HHCO onto the peg after peg 7. There will now be 9 pegs filled.

Rows 130-176: Rep following 2 row pattern:
Row E: S1, *p1, k1, rep from * to end of row.
Row F: S1, *p1, k1, p3, k1, p1, k1.

Row 177: Move loop from peg 2 to peg 3 and the loop from peg 6 to peg 5. Move the 2 end loops in one peg to close gaps. Work Row D of previous pattern, KO 2 loops over 1 on pegs with 2 loops. There will now be 7 pegs with loops.

Rows 178-180: Work in the previous 2 row of pattern of Rows C & D: begin with Row C.

Row 180: Rep Row 177. There will now be 5 pegs with loops.

Rows 181-184: Work in the previous 2 row of pattern of Rows A & B: begin with Row A.

BBO remaining 5 sts, leaving enough tail for seaming ends together. Stitch CO and BO ends together, putting a single twist into the cowl. This will make the cowl lay flat when wrapped around twice. (If in doubt, simply loop strip into two loops so that it lays flat and stitch the ends together at this point.) Weave in all ends.

Band:

Using the color you set aside from the skein before knitting, CO onto 4 pegs of the Zippy Loom.

Rows 1-12: k all sts.

BBO all 4 pegs, leaving enough tail to seam ends together. Wrap around the cowl's double loops, at a position on the upper side of the cowl, and stitch CO and BO ends together. Weave in ends.

Block lightly if desired.