



Ladder Rib Socks

Designed by Cindy Mott



LOOM: Sock Loom Original, using 44 pegs.

YARN: Paton's Kroy Sock yarn, 2 skeins, Summer Moss Jacquard.

NOTIONS: Knit hook, Crochet hook, Optional is 2 double pointed knitting needles for closing the toe.

SIZE: Adult, average women's.

ABBREVIATIONS

Knit (k)

Purl (p)

Flat (f)

Slip (sl)

Ladder Rib Stitch=K1,sl1,k1,p2

PATTERN NOTES

A slip stitch is an un-worked stitch. To slip a stitch you simply skip it carrying the working yarn across the peg to the next peg where you make the next stitch, and continue with the pattern. In this pattern, lift the stitch to be slipped off of the peg, pass the working yarn across the back of the peg and then replace the stitch on the peg. Go on to the next stitch. In the next

round, the stitch will be worked by knitting the stitch. The working yarn that has been

passed across the back of the peg will look a little like a ladder rung across the knit stitch when you look at the sock fabric you have created.

INSTRUCTIONS

Cuff

Rnd 1: Cast on 44 pegs using the e-wrap method.

Rnd 2: Knit using the flat stitch.

Rnd 3: K2, p2 around, continue in k2, p2 ribbing until the cuff measures 1½

“ End at peg 44 ready to start a new row at peg 1.

Next round: knit





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Leg

Rnd 1: P2, k1, sl1, k1 around, end with p2, k2.

Rnd 2: P2, k3 around end with p2, k2.

Repeat these 2 rows until leg measures 7".

Heel

Work heel with pegs 1 – 22, knit in short rows until 8 stitches remain un-worked, then rework the wrapped stitches until all of the pegs have been worked and the wraps are knit off of the pegs, ending at peg 1. If not familiar with short-row heel, follow the [Heel and Toe Part I](#), and then follow [Heel and Toe Part II](#).

Foot

Pegs 1 - 22 work in knit stitch, pegs 23 - 44 will continue to be worked in the Ladder Rib pattern.

Rnd 1: Knit pegs 1 – 22. Work peg 23 - 44 in the Ladder Rib stitch beginning with k1, sl, k1, p2 continued around.

Rnd 2: Knit pegs 1-22, and continue from peg 23 with k3, p2, k3, p2, around.

Continue in pattern until foot measures the desired length minus 2". For example, if your foot is shoe size 8.5, the length of your foot from heel to toe is approximately 9.5". Knit the foot of the sock until it is 7.5" long. Now work the toe. The toe is knit in exactly the same way as the heel with pegs 1 - 22 being worked in short rows until 8 stitches remain un-worked, and then, working back across the pegs until all of the wrapped pegs have been worked, and the wraps are no longer on the pegs.

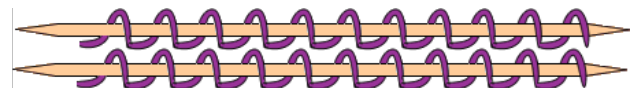
Remove sock from loom with basic bind off. Sew toe closed. Or you may also choose to close the toe using the Kitchener Stitch using 2 double pointed knitting needles. See full instructions below.

Your sock is finished and you have just created a work of art!

Now, make the second sock the same way being sure to accurately measure so that your cuff, foot, and toe on each sock are the same lengths.

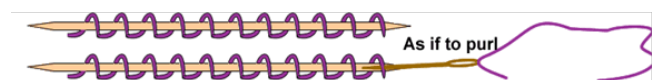
KITCHENER INSTRUCTIONS

Prepare: You will need 2 knitting needles (a size 8 when knitting with thick yarns, or a size 2 when knitting with thin yarns). Hold the needles parallel with the tips pointing in the same direction, wrong sides (purl side) facing each other.



Caution: Be sure that the stitches are set up on the needles correctly. See above graphic. The stitches should sit exactly as in the graphic above.

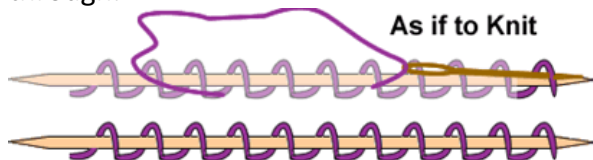
Set up for kitchener stitch: Insert the tapestry needle into the first stitch on the needle closest to you as if to purl (from right to left), pull it through, leave the stitch on the needle.





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Insert the needle into the first stitch on the back needle as if to knit (from left to right), leave the stitch on the needle. Pull the yarn through.



Needles are set up for the kitchener stitch, now follow the next 4 steps.

Step 1

Insert the needle into the first stitch on the front needle as if to knit. Slip stitch off the needle.

Step 2

Insert the needle into the next stitch on the front needle as if to purl. Leave stitch on the needle. Gently pull on the working yarn to snug up the stitch. Do not pull too much.

Step 3

Insert the needle into the first stitch on the back needle as if to purl, and slip it off the needle.

Step 4

Insert the needle into the next stitch on the back needle as if to knit. Leave this stitch on the needle. Snug up the yarn by pulling gently on the working yarn.

Repeat steps 1-4. At the end, the needles will have 2 stitches remaining. Proceed to step 1 and then to step 3.

Weave in the ends to the wrong side of the item.

