Women’s Simple Socks

A classic sock design that will teach you the basics of creating a sock on a knitting loom. Once you master the different parts of a sock, you can use the same pattern and add your personal touches.

**ABBREVIATIONS**

Approx=approximately  
k=knit stitch (note: the U-stitch was used for sample).  
CO=cast on  
BO=bind off  
WY=working yarn  
st(s)=stitch(es)  
rnd(s)=round(s)  
rep=repeat  
w&t=wrap and turn (lift the loop(s) from the peg, wrap working yarn around empty peg and replace held loop(s) back onto peg.)

**PATTERN NOTES**

Women’s size 6.5-7.5. To make a sock for other sizes on the 56 peg, orange loom, simply adjust the number of leg and foot round to equal desired lengths.

<table>
<thead>
<tr>
<th><strong>KNITTING LOOM:</strong></th>
<th>His &amp; Her Sock Loom Set, 56 peg, orange loom.</th>
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<tbody>
<tr>
<td><strong>YARN:</strong></td>
<td>Approx. 340 yards DK weight yarn. Sample used 1 skein Malabrigo, 360 yards, 100% merino wool in</td>
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<tr>
<td><strong>NOTIONS:</strong></td>
<td>knitting tool, (2) peg markers, tapestry needle, (2) US 2 double pointed needles</td>
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<td><strong>GAUGE:</strong></td>
<td>14 sts x 21 rows = 2 inches in stockinette</td>
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<td><strong>SIZE:</strong></td>
<td>Sample is approx women’s size 6.5-7, see pattern notes for tips on making other sizes.</td>
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**INSTRUCTIONS**

CO 56 pegs, prepare to work in the round. (sample used ewrap cast on)

**CUFF & LEG**

Rnd 1-20: *k2, p2; rep from * to end of rnd.

Rnd 21: k to end of rnd.

Rep Rnd 21 until leg measures 7” from cast on edge.

**HEEL**

Place peg markers on pegs 1 and 28. Pegs 1-28 are all the pegs that will be worked for the heel. Pegs 10-19 are the pegs that will be left unwrapped during the w&t process. There will be 9 pegs on either side of the center pegs that will be the W&T pegs.
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Refer to Short-row heel/toe instructions at the end of pattern for specific details.

FOOT

Next rnd: k to end of rnd.

Rep last rnd until sole measures 6.5 inches from back of heel.

TOE

Create the toe in the exact same manner as used for the heel. Refer to Short-row heel/toe instructions at the end of pattern for specific details.

FINISHING

Keeping all stitches from twisting, place the first 28 stitches onto a double pointed needle. Place the remainder 28 stitches onto second double pointed needle.

Bind off all stitches using the Kitchener Stitch. Tutorial: http://www.knittingboard.com/kitchener-stitch-page/

Short-row heel/toe Instructions for 56 Pegs:

Row 1: k27, w&t peg 28
Row 2: k26, w&t peg 1
Row 3: k25, w&t peg 27
Row 4: k24, w&t peg 2
Row 5: k23, w&t peg 26
Row 6: k22, w&t peg 3
Row 7: k21, w&t peg 25
Row 8: k20, w&t peg 4
Row 9: k19, w&t peg 24
Row 10: k18, w&t peg 5
Row 11: k17, w&t peg 23
Row 12: k16, w&t peg 6
Row 13: k15, w&t peg 22
Row 14: k14, w&t peg 7
Row 15: k13, w&t peg 21
Row 16: k12, w&t peg 8
Row 17: k11, w&t peg 20
Row 18: k10, w&t peg 9
Row 19: k11, w&t peg 21
Row 20: k12, w&t peg 8
Row 21: k13, w&t peg 22
Row 22: k14, w&t peg 7
Row 23: k15, w&t peg 23
Row 24: k16, w&t peg 6
Row 25: k17, w&t peg 24
Row 26: k18, w&t peg 5
Row 27: k19, w&t peg 25
Row 28: k20, w&t peg 4
Row 29: k21, w&t peg 26
Row 30: k22, w&t peg 3
Row 31: k23, w&t peg 27
Row 32: k24, w&t peg 2
Row 33: k25, w&t peg 28
Row 34: k26, w&t peg 1
Row 35: k27, w&t peg 7
Row 36: k28, w&t peg 2
Row 37: k29, w&t peg 5
Row 38: k30, w&t peg 26
Row 39: k31, w&t peg 3
Row 40: k32, w&t peg 22
Row 41: k33, w&t peg 7
Row 42: k34, w&t peg 8
Row 43: k35, w&t peg 20
Row 44: k36, w&t peg 21
Row 45: k37, w&t peg 23
Row 46: k38, w&t peg 5
Row 47: k39, w&t peg 6
Row 48: k40, w&t peg 1
Row 49: k41, w&t peg 2
Row 50: k42, w&t peg 27
Row 51: k43, w&t peg 28
Row 52: k44, w&t peg 2
Row 53: k45, w&t peg 1
Row 54: k46, w&t peg 2
Row 55: k47, w&t peg 28
Row 56: k48, w&t peg 1

(Pegs 10-19 do not have wraps on them)

(Note: The following increase rows will require both lifting and working all previous wraps and stitches together as one as the pegs are knit and w&t’d. This can be up to 2 wraps and a stitch worked as one.)

Row 19: k11, w&t peg 21
Row 20: k12, w&t peg 8
Row 21: k13, w&t peg 22
Row 22: k14, w&t peg 7
Row 23: k15, w&t peg 23
Row 24: k16, w&t peg 6
Row 25: k17, w&t peg 24
Row 26: k18, w&t peg 5
Row 27: k19, w&t peg 25
Row 28: k20, w&t peg 4
Row 29: k21, w&t peg 26
Row 30: k22, w&t peg 3
Row 31: k23, w&t peg 27
Row 32: k24, w&t peg 2
Row 33: k25, w&t peg 28
Row 34: k26, w&t peg 1

Con

Peg 1 and Peg 28 still have wraps on them. Continue to the foot instructions. On the first round, knit off the wraps together with the stitch (3 over 1) as the next round is worked.