



'Back to Basics' Throw

A GREAT PATTERN FOR BEGINNERS...an introduction to double knit. No matter how fierce the winter gets, this lovely throw will keep you warm and cozy. Designed by Jacquelyn Darragh.



LOOM: 28" Knitting Board + extenders set up for double knit at 2 cm spacing

YARN: Knit Picks Wool of the Andes Superwash Bulky, 2 skeins. 100% Superwash Wool. Colors: Camel Heather (Camel), 3 skeins, White, 3 skeins, and Fjord Heather (Blue).

STITCHES: Stockinette

NOTIONS: Knit hook, crochet hook

GAUGE: 2 stitches X 3 rows = approx. 1 inch

SIZE: 34 x 50 inches

BASIC NOTES:

With each color change, cut yarn and knot after tying on the next color. All stitches are Stockinette.

To keep side edges even and smooth, tie on your new yarns at 2nd stitch between the rows of pegs. This will keep the knots away from the edge and hidden from the finished throw. When cutting each

yarn, leave a yarn tail approximately 3" that will lay flat between the 2 rows of pegs.





Back to Basics Throw

Cast on row will be the same as one row of stockinette stitch. You start on Left side of loom on top peg #1 with a slip knot; bring yarn down to peg #2 on lower board. Wrap yarn around, and continue back up to peg # 3 on top board. Continue weaving the yarn around every other peg, alternating from one board to the other, to end. Wrap around the end at last peg. Return back to beginning by wrapping all the pegs that were skipped on first pass. Now all the pegs for this project will be wrapped.

Lay a piece of yarn across the stitches with the yarn ends dangling at each end of loom. This is referred to as the anchor yarn or waste yarn. It is usually removed after the knitting is complete. Now, wrap all the pegs again just as before so that you have 2 loops on each peg. You are ready to hook over using the knit hook. This means to lift the bottom loop, on each peg over the top loop, and into the center of the loom. Do this to all pegs, so that they have only one wrap of yarn. Your stitches are now cast on and you are ready to work in stockinette stitch.

The stockinette stitch produces a smooth knit, and is usually the first stitch learned in double knitting. It is the same process as casting on. Once you wrap all pegs again, hook over. This completes one row of stockinette stitch. Continue this stitch with the color changes for the entire afghan.

INSTRUCTIONS

Cast on 64 stitches with Camel yarn in Stockinette stitch. Lay contrasting anchor yarn.

Knit 7 rows in Camel. Tie in Blue yarn. Cut Camel and knot.

Knit 3 rows in Blue. Tie in Camel yarn. Cut Blue and knot.

Knit 6 rows in Camel. Tie in Blue yarn. Cut Camel and knot.

Knit 4 rows in Blue. Tie in Camel yarn. Cut Blue and knot.

Knit 5 rows in Camel. Tie in Blue yarn. Cut Camel and knot.

Knit 5 rows in Blue. Tie in Camel yarn. Cut Blue and knot.

Knit 4 rows in Camel. Tie in Blue yarn. Cut Camel and knot.

Knit 6 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 3 rows in Camel. Tie in Blue yarn. Cut Camel and knot.

Knit 7 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 4 rows in White. Tie in Blue yarn. Cut White and knot.

Knit 6 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 5 rows in White. Tie in Blue yarn. Cut White and knot.

Knit 5 rows in Blue. Tie in White yarn. Cut Blue and knot.





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Knit 6 rows in White. Tie in Blue yarn. Cut White and knot.

Knit 4 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 7 rows in White. Tie in Blue yarn. Cut White and knot.

Knit 3 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 8 rows in White. Tie in Blue yarn. Cut White and knot.

Knit 2 rows in Blue. Tie in White yarn. Cut Blue and knot.

Knit 7 rows in White. Tie in Camel yarn. Cut White and knot.

Knit 3 rows in Camel. Tie in White yarn. Cut Camel and knot.

Knit 6 rows in White. Tie in Camel yarn. Cut White and knot.

Knit 4 rows in Camel. Tie in White yarn. Cut Camel and knot.

Knit 5 rows in White. Tie in Camel yarn. Cut White and knot.

Knit 5 rows in Camel. Tie in White yarn. Cut Camel and knot.

Knit 4 rows in White. Tie in Camel yarn. Cut White and knot.

Knit 6 rows in Camel. Tie in White yarn. Cut Camel and knot.

Knit 3 rows in White. Tie in Camel yarn. Cut White and knot.

Knit 8 rows in Camel.

Bind Off your stitches with a loose crochet bind off.

Bind Off at anchor yarn with loose crochet bind off.

Now that the blanket is complete, finish off with this method. Place blanket in pot or sink with hot water for 4 minutes. Allow yarn to fully soak up all the water. Remove from sink and gently roll in a full size towel or two to absorb as much of the water as possible. Place in your dryer for five minutes on medium heat to fluff and soften the wool. Block to specified size and allow to air dry until fully dry. Enjoy your lovely throw!

