



# Crisscross Cowl (Double Knit)

Designed by Jacquelyn Darragh



**LOOM:** 18" All-n-One Loom, 32 pegs needed, 2 cm spacing.

**YARN:** Worsted weight yarn. Sample knit with Lion Brand Landscape® Yarn, Sand Dune, 600 yards (3 skeins).

**STITCHES:** Stockinette, Crisscross

**NOTIONS:** Knit hook, crochet hook 6/G, large darning needle

**GAUGE:** 3 stitches x 3 rows = 2 inches

**SIZE:** 11 x 50 inches

## INSTRUCTIONS

Cast on 32 stitches, stockinette stitch.

**Row 1:** Knit in Crisscross stitch. [See video](#) for Crisscross Stitch tutorial.

Repeat row 1 for approximately 50" for a double wrap cowl, for single wrap knit 38".

**Next row:** Knit stockinette stitch.

Cut working yarn with about 20" tail. Bind off stitches. Then bind off the beginning end of the cowl (at the anchor yarn). Pull out anchor yarn for a lovely finish. [See Video](#) of bind off.

**Finishing:** Join the 2 edges of the knit with a mattress seam to form the cowl. Lay out the two ends of the cowl, (the ends which you've just bound off) and line them up. Thread the 20" with tapestry needle. Locate the running

thread between the pieces on the inside and you will pull apart the first 2 edge stitches to gently sew the edges together from the inside and gently go in and out lining up and catching this inner thread to bind the 2 sides of the cowl together. Work back and forth from running thread to running thread keeping the tension easy but firm. When complete, work in the excess yarn into the double knit.

