



# Hourglass Cable Hat

Designed by Isela Phelps



**LOOM:** 'Premium' Chunky Round Loom Set, using 48 peg, 24 peg looms.

**YARN:** Approx 120 yds of Super Bulky Acrylic-Wool blend. Shetland Chunky by Patons was used in sample. 75 yards used. 5 weight yarn. 75% acrylic / 25% wool.

**STITCHES:** Stockinette and Ewrap

**NOTIONS:** Knitting tool, tapestry needle

**GAUGE:** 6.5 sts x 10 rows = 2 inches in stockinette

**SIZE:** Fits adults (circumference up to 21")

**LEVEL:** Intermediate-Advanced. Knowledge of cables and chart reading required.

## ABBREVIATIONS

bo=bind off  
cn=cable needle  
co=cast on  
k=knit stitch or u-stitch  
p=purl stitch  
rnd(s)=round(s)  
st(s)=stitch(es)  
BCP=see notes  
FCP=see notes

## INSTRUCTIONS

Cast on 48 sts join to work in the round (recommend the non-loopy e-wrap cast on method).

Link to cast on: <https://youtu.be/p5KKwVZGRCc>

**Rnds 1-5:** p1, \*k2, p2: rep from \* to last peg, p1.

## BODY

**Rnds 6-38:** Work Hourglass Stitch Pattern as shown on chart.

## CROWN

**Next 2 rnds:** \*k2, p2; rep from \* to end of rnd.

Transfer all the stitches to the 24-peg knitting loom, 2 stitches per peg.

**Next 2 rnds:** \*k1, p1: rep from \* to end of rnd.

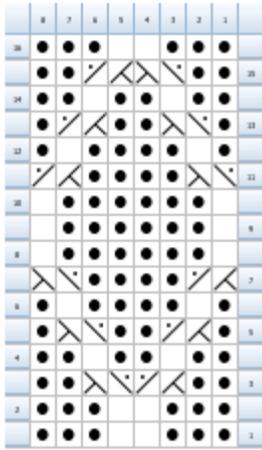
Thread tapestry needle with yarn and finish with gather bind off method.





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## Basic Hourglass-multiple of 8sts



### Legend:

 **purl**  
RS: purl stitch

 **knit**  
RS: knit stitch

 **BCP: see notes**

 **FCP: see notes**

## NOTES

**Back Cross (BCP):** Slip 1 stitch to cn and hold towards the center of the loom (peg is now empty), knit the next peg then move this loop to the emptied peg, place the stitch from the cn on the empty peg then proceed to purl it.

**Front Cross (FCP):** Slip 1 stitch to cn and hold towards the front of the loom (peg is now empty), purl the next peg then move this loop to the emptied peg, place the peg from the cn on the empty peg, proceed to knit it.

