

Iva Headband

The Iva Headband is a double knit design that widens as the knitting progresses to keep wind away from the ears thus keeping the wearer warm. The pattern uses simple decreases and increases.



Loom: Basic KB loom used. Needs 14 double stitches for project.

Yarn: Approx 50 yards of worsted weight yarn. Malabrigo Worsted in Natural (white headband) and Gina by Plymouth Yarn Company (3 tone headband) were used in samples. 4, 12 inch pieces of contrasting color yarn (to hold stitches).

Notions: Knitting tool, tapestry needle, 1 button

Size: It is approx 17 inches in length, due to the elasticity of knitted fabric, the headband fits well in heads up to 21 inches in circumference. At widest point, it is 4 inches.

Abbreviations:

st(s)=stitches
Inc=Increase
Dec=Decrease

Pattern notes: Please follow the links to see diagrams on the special techniques used in this pattern. The headband is worked in double knit, using the stockinette stitch. Increases are used at the beginning of the headband to widen it, then decreases are used to make it less wide.

Instructions

Using the Figure 8 cast on 4 sts.

*Work 4 rows in stockinette stitch.

Inc 1 st at each end by moving last st out one peg*. (6 sts)

Rep from * to * until there are 14 sts on the loom



Work 10 rows in stockinette stitch.

Divide the board in half, 7 sets of sts on each side. Side A and Side B.

You will work on half of the board at a time, Side A first then Side B.

On the side with the working yarn, work 14 rows in stockinette stitch.

Removal 1: Using the two pieces of scrap yarn and tapestry needle, carefully, remove the first seven 7 sts from one side and leave them on the piece of scrap yarn. Remove the 7 sts from the opposite side to a second piece of scrap yarn.

Cut working yarn and join to Side B.

Work 14 rows in stockinette stitch.

Removal 2: Using 2 pieces of scrap yarn, carefully, remove the first seven 7 sts from one side and leave them on the piece of scrap yarn. Remove the 7 sts from the opposite side to a second piece of scrap yarn.

All the stitches are now off the knitting loom. It is time to cross all the stitches.

Without twisting the stitches, simply slide all the stitches from Side A to Side B.

Place stitches from side B on the pegs emptied at Removal 1. Place the stitches from side A, onto pegs emptied by Side B at removal 2.

All 14 sts are back on the knitting loom.

Work 10 rows in stockinette stitch.

Dec 1 st at each end. Work 4 rows in stockinette stitch.

Rep from * to * until 4 sts remain on the loom.

Bind off

Weave ends in.

Two option for closure:

Option 1: Simply overlap the cast on edge over bind off edge and sew in place. Add a button for decoration purposes.

Option 2: Crochet a 1 inch chain at the bind off edge. Attach a button about an inch from the cast on edge. Use the crochet chain as a button loop.

