Stony Cliffs Cowl

This beautiful cowl received its name from the contrast of the grey color yarn against the aran tone. The two colors are joined as you are knitting, picking up the new color and dropping the old color; the yarns are carried along through out the work. The pattern uses seed stitch and two cables along each side. The pattern is worked with bulky weight yarn on the All-n-One knitting loom, using the technique of 2 pegs as 1.

Loom: All-n-One Loom (62 pegs used in total, read the Pattern Notes below).

Yarn: 200 grams bulky weight yarn. Sample used Patons Classic Wool Bulky in Aran and medium Grey Heather, 1 skein each.

Notions: Knitting tool, tapestry needle, cable needle,
3 - 1" buttons (optional).

Gauge: 6 sts x 8.5 rows= 2" in seed stitch and blocked.

Size: 26" x 9"

Abbreviations:

K=knit stitch

P=purl stitch

C4F=Cable involving 4 stitches; cable leans to the left.

How to: Skip peg 1 and 2 with yarn towards the back of the peg. Knit peg 3 and 4. Place stitches from pegs 3 and 4 on cable needle. Take yarn to the front of peg 1. Knit peg 1, then knit peg 2. Place stitch from peg 1 on peg 3, from peg 2 to peg 4. Place stitches that are on the cable needle on the empty pegs 1 and 2.

C4B=Cable involving 4 stitches; cable leans to the right.

How to: Place stitches from pegs 1 and 2 onto cable needle. Place cable needle to the center of the loom. Knit pegs 3 and 4. Move stitch from peg 3 to peg 1, from peg 4 to peg 2. Place stitches from cable needle onto pegs 3 and 4. Knit pegs 3 and 4.

MC=Main color–Aran

CC=Contrasting color—Grey

PU=Pick Up—the process of picking up the other yarn. Reach over the previous color, so the two colors overlap. (See picture to see how the colors carry up on the wrong side of the work).

Pattern Notes: This cowl uses the technique of using 2 pegs as one peg, thus allowing us to use Bulky weight yarn on the knitting loom

Instructions

With MC, cast on 16 sts, join CC, cast on 15 sts; prepare to work a flat panel.

Row 1: With CC, Sl1, k7, [p1, k1] 3x, p1, PU MC, [k1, p1] 4x, k8.

Row 2: With MC, Sl1, p1, k4, p2, [k1, p1] 4x, PU CC, [k1, p1] 3x, k1, p2, k4, p2.

Row 3: As Row 1

Row 4: As Row 2

Row 5: With CC, Sl1, k1, C4B, k2, [p1, k1] 3x, p1, PU MC, [k1, p1] 4x, k2, C4F, k2.
Repeat Rows 2-5: 26 more times. (27 total cables on each side).
Rep Row 2.
Bind off with basic bind off method.

Mattress stitch seam cast on edge to bind off edge. Use the same color as the side that you are joining to make the seam invisible.
Optional: Add 3 buttons to the side of the seam for decoration purposes.
Weave ends in. Block lightly.