



Twirls Headband



LOOM: 32 peg loom.

YARN: Approx 200 yards of worsted weight merino wool. Malabrigo Worsted in Applewood was used in samples.

GAUGE: 10 sts x 14 rows= 2 inches in rib stitch.

SIZE: Fits up to a 21" Circumference

ABBREVIATIONS

K=knit stitch

P=purl stitch

LT: Left twist: A twist over two pegs; numbered and positioned as follows: Peg 2, Peg 1. How to: Skip peg 1 with yarn behind peg, knit peg 2, take loop off peg 2 and hold it, knit peg 1. Move loop from peg 1 to peg 2. Place loop being held to peg 1.

INSTRUCTIONS

Cast on 30 sts, prepare to work a flat panel

Row 1-Row 36 (approx. 5 inches): sl1, k1, *p2, k2; rep from * to the end row.

Row 37: sl1, k1, p2, *LT, p2; rep from * to the last 2sts, k2

Row 38: sl1, k1, *p2, k2; rep from * to the end.

Rep Row 37 and Row 38: 25 times

Rep Row 1-36.

Bind off with basic bind off method. Leave a 16 inch yarn tail.

Mattress stitch cast on edge to bind off edge. Weave ends in.





Wristers

Left Side

Cast on 32 sts, prepare to work in the round.

Rnd 1-14: *k2, p2; rep from * to the end of rnd.

Rnd 15: *LT, p2; rep from * to the end of rnd.

Rnd 16: *k2, p2; rep from * to the end of rnd.

Rep Rnd 15 and Rnd 16: 14 times

Prepare to work a flat panel from this point forward

Row 17: *LT, p2; rep from * to the end of row.

Row 18: *p2, k2; rep from * to the end of row.

Rep Row 17 and Row 18: 4 more times.

Continue working in the round from this point forward

Next rnd: *LT, p2; rep from * to the end rnd.

Next rnd: *k2, p2; rep from * to the end rnd.

Rep last two rnds: 1 more time.

Next 8 rnds: *k2, p2; rep from * the end of rnd.

Bind off with basic bind off method. Weave ends in.

Right Side

Cast on 32 sts, prepare to work in the round.

Rnd 1-14: *p2, k2; rep from * to the end of rnd.

Rnd 15: *p2, LT; rep from * to the end of rnd.

Rnd 16: *p2, k2; rep from * to the end of rnd.

Rep Rnd 15 and Rnd 16: 14 times

Prepare to work a flat panel from this point forward

Row 17: *p2, LT; rep from * to the end of row.

Row 18: *k2, p2; rep from * to the end of row.

Rep Row 17 and Row 18: 4 more times.

Continue working in the round from this point forward

Next rnd: *p2, LT; rep from * to the end rnd.

Next rnd: *p2, k2; rep from * to the end rnd.

Rep last two rnds: 1 more time.

Next 8 rnds: *p2, k2; rep from * the end of rnd.

Bind off with basic bind off method. Weave ends in.

